

**SPORTS MEDICINE &
REHAB SERVICES**

www.universityptonline.com

Blacksburg

825 Davis Street, Suite B
Blacksburg, VA 24060
T: 540-552-5100
F: 540-552-5700

West Blacksburg

920 Plantation Road., #100
Blacksburg, VA 24060
T: 540-951-0742
F: 540-951-0743

Christiansburg

115 Akers Farm Road
Suite 1
Christiansburg, VA 24073
T: 540-381-9100
F: 540-381-9102

Daleville

65 Shenandoah Avenue
Daleville, VA 24083
T: 540-904-1974
F: 540-591-7340

Roanoke

4600 Brambleton Avenue
Suite B
Roanoke, VA 24018
T: 540-774-0729
F: 540-774-0862

Salem

108 Knotbreak Road
Salem, VA 24153
T: 540-685-0168
F: 540-685-0169

Patient Name: _____

Date: _____

Diagnosis: _____

Precautions/Comments: _____

Evaluate & Treatment

PT

Frequency/Duration: _____ x's per week for _____ weeks

TREATMENTS

- ACL Protocol
- Biodex Isokinetic Testing
- KT-1000
- Progressive Therapeutic Exercise
- Endurance/Conditioning
- AROM
- PROM
- Joint Mobilization
- Neuro-Muscular Re-Education
- Proprioceptive Training
- Gait Training
- Taping
 - Ankle/Foot
 - Patellofemoral
 - Scapular
 - Elbow/Wrist
- Functional Bracing
- TMJ
- Shoulder/Scapular Stabilization
- Vestibular Rehabilitation
- Work Hardening
- Mechanical Traction
- Dry Needling (*available only in: Christiansburg, Dublin and West Blacksburg clinics*)

MODALITIES

- Ultrasound
- Electrical Stimulation
- Cryotherapy
- Whirlpool
- Phonophoresis
- Iontophoresis
- TENS
- Contrast Bath

EDUCATION

- Home Exercise Program
- Back Education
- Functional Activities
- Body Mechanics/Posture
- Fall Risk Assessment

Other: _____

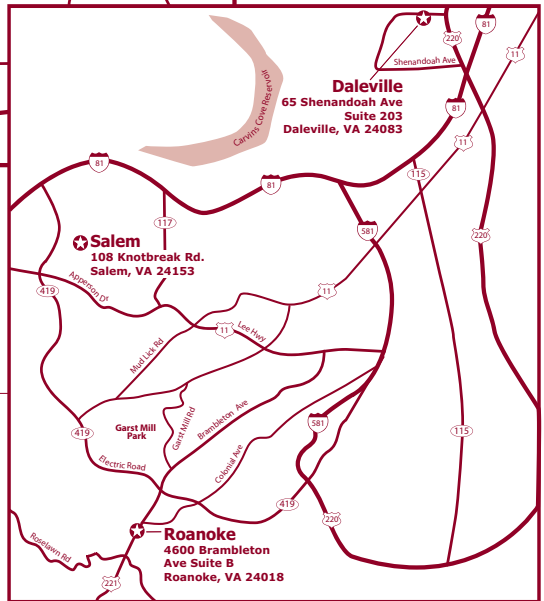
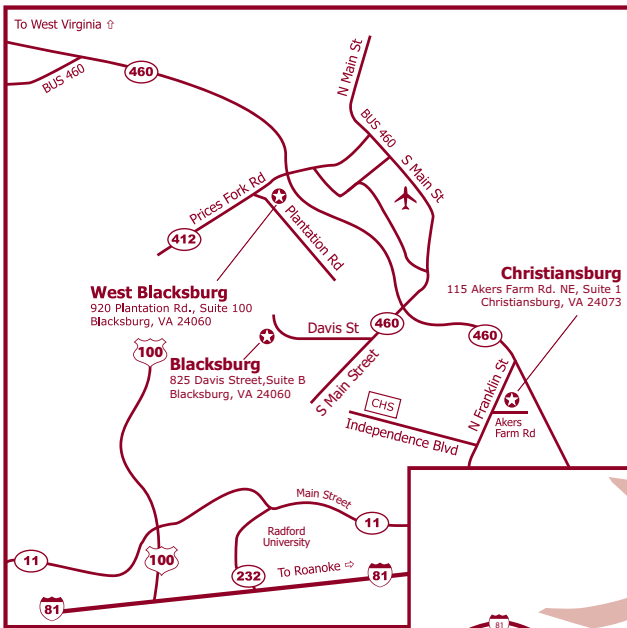
Special Instruction: _____

I hereby certify these services as medically necessary for the patient's plan of care.

Physician Signature

Date

DO NOT EMAIL PRESCRIPTION The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.



www.universityptonline.com

University Physical Therapy is featured on
PTandMe.com

*An informational site for patients interested in
or considering physical, occupational,
and/or hand therapy.*

Just A Reminder

- Please bring this referral slip with you on your first visit.
- Please arrive 15 minutes before your scheduled appointment to complete necessary paperwork.
- Evaluations (1st visit) usually last 1 to 2 hours.

What To Wear

- Please wear/bring comfortable clothing and sneakers including T-shirts and shorts or sweatpants.

What To Bring (Insurance Cards)

- Appropriate insurance cards, photo ID and referral orders from physician for physical therapy.